

Canadian Rare Disease Network (CRDN)

**Francois Bernier on behalf of the CRDN interim
steering committee**

Alberta Children's Hospital Research Institute (ACHRI),
University of Calgary

[CORD Meeting](#)

[November 29-30, 2023, Calgary, AB](#)



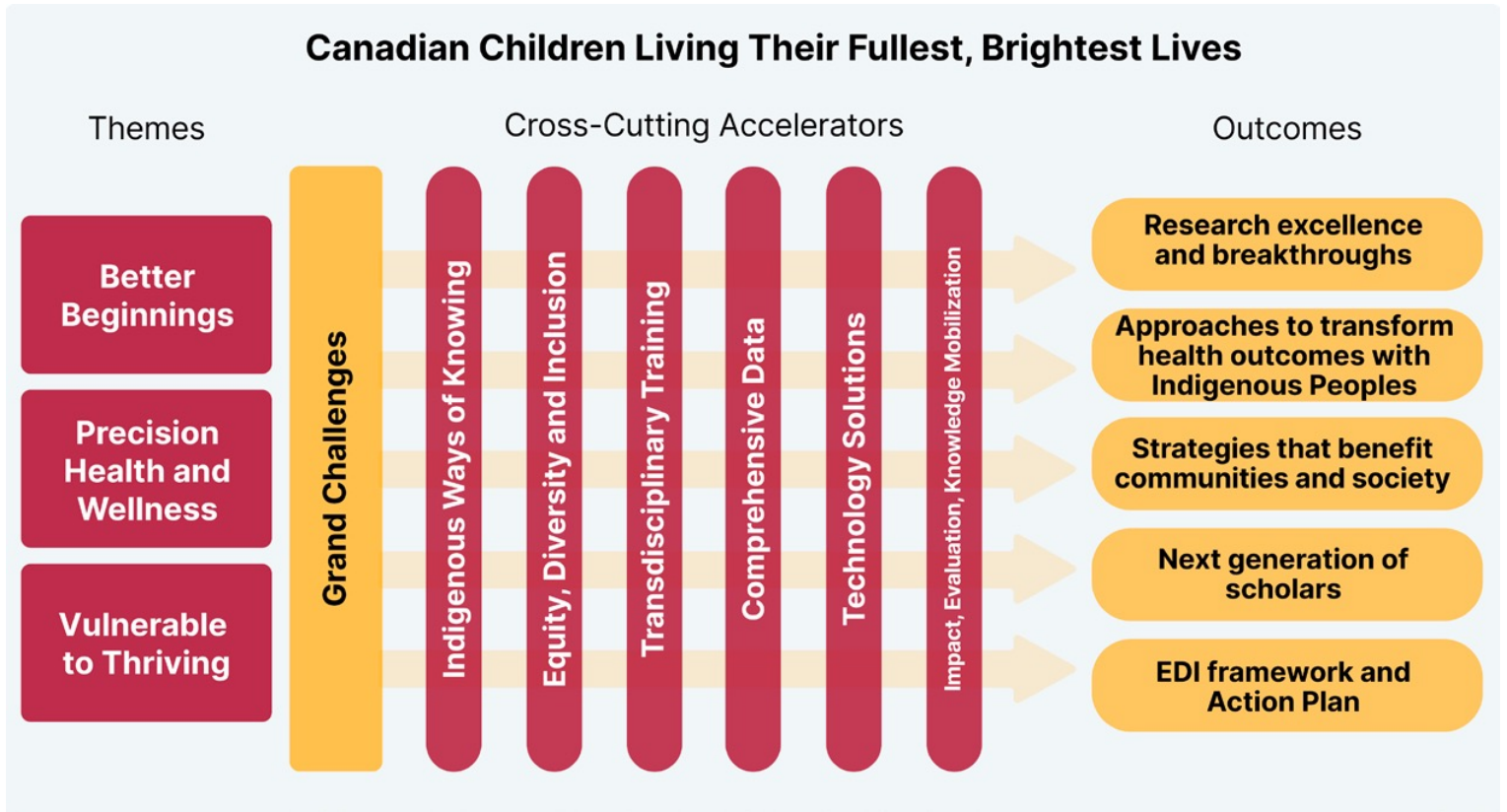


Acknowledgements

one child 
every child



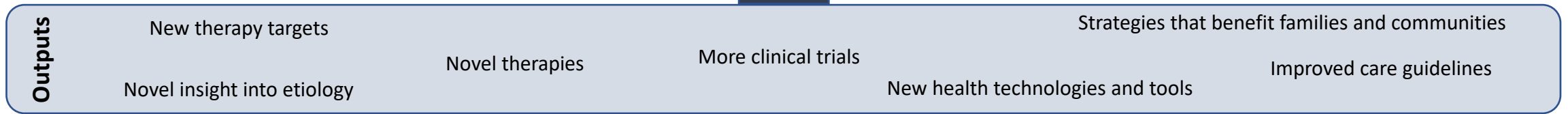
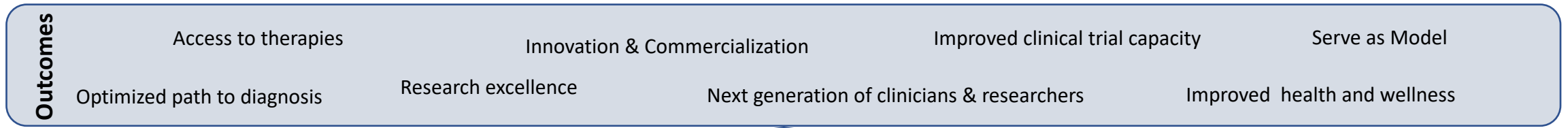
A Canada-first research initiative, with a vision for all children to be healthy, empowered, and thriving.



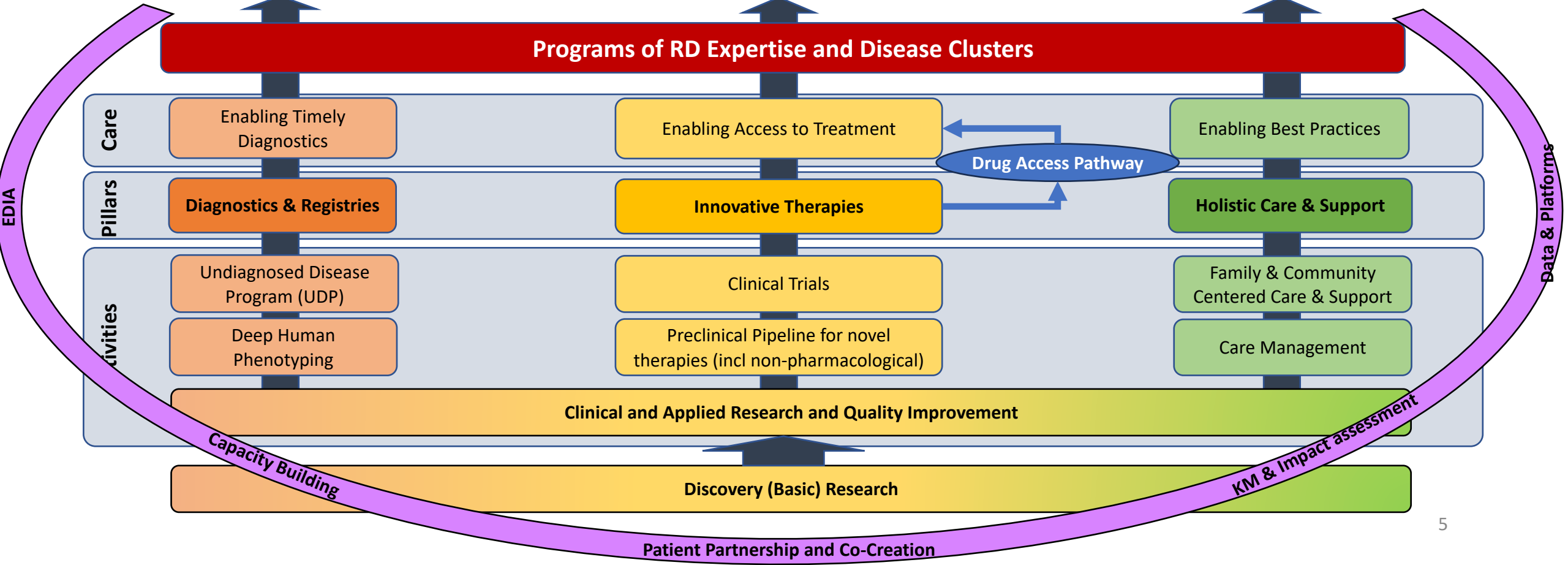
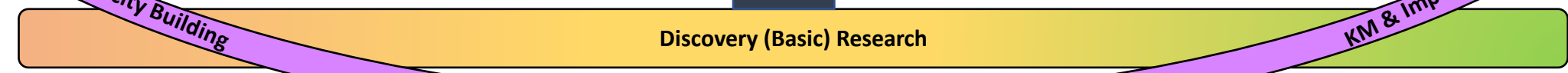
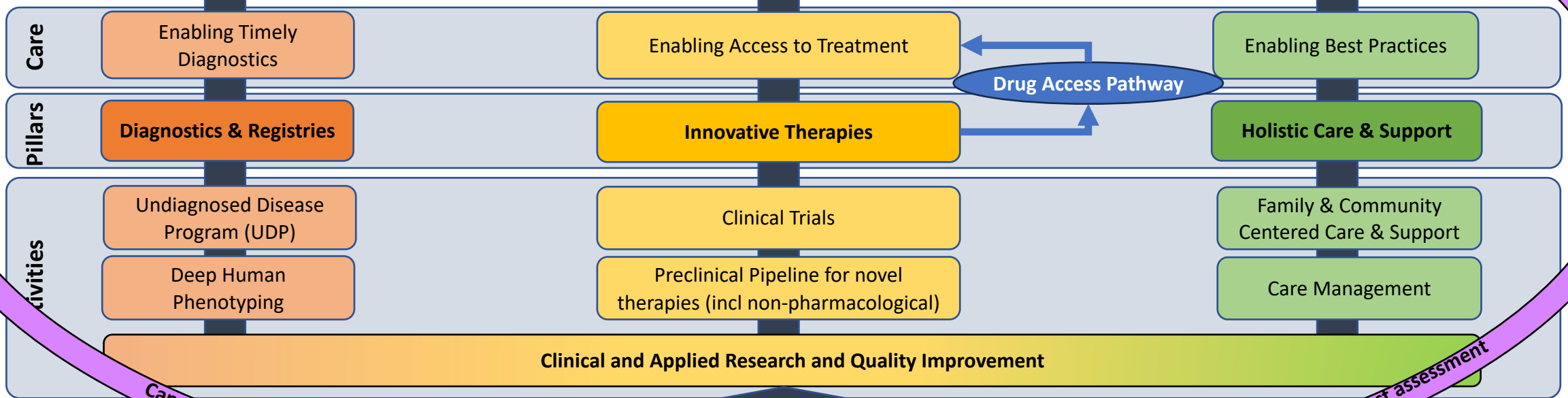
Programs of Excellence in Rare Diseases



CRDN - Overview of Goals and Structure



Programs of RD Expertise and Disease Clusters



Benefits of the Network of Networks Approach



Coordination & Collaboration:

Ensuring efforts are aligned and complementary rather than fragmented and possibly duplicated, thus empowering the rare disease community.



Resource Sharing:

Efficient sharing of resources, such as expertise, best practices, and funding that can enhance learning and save costs.



Increased Impact:

Greater visibility of individual networks and initiatives as well as coordinating and amplifying collective efforts to achieve larger-scale, cross-sectoral outcomes.



Capacity Building:

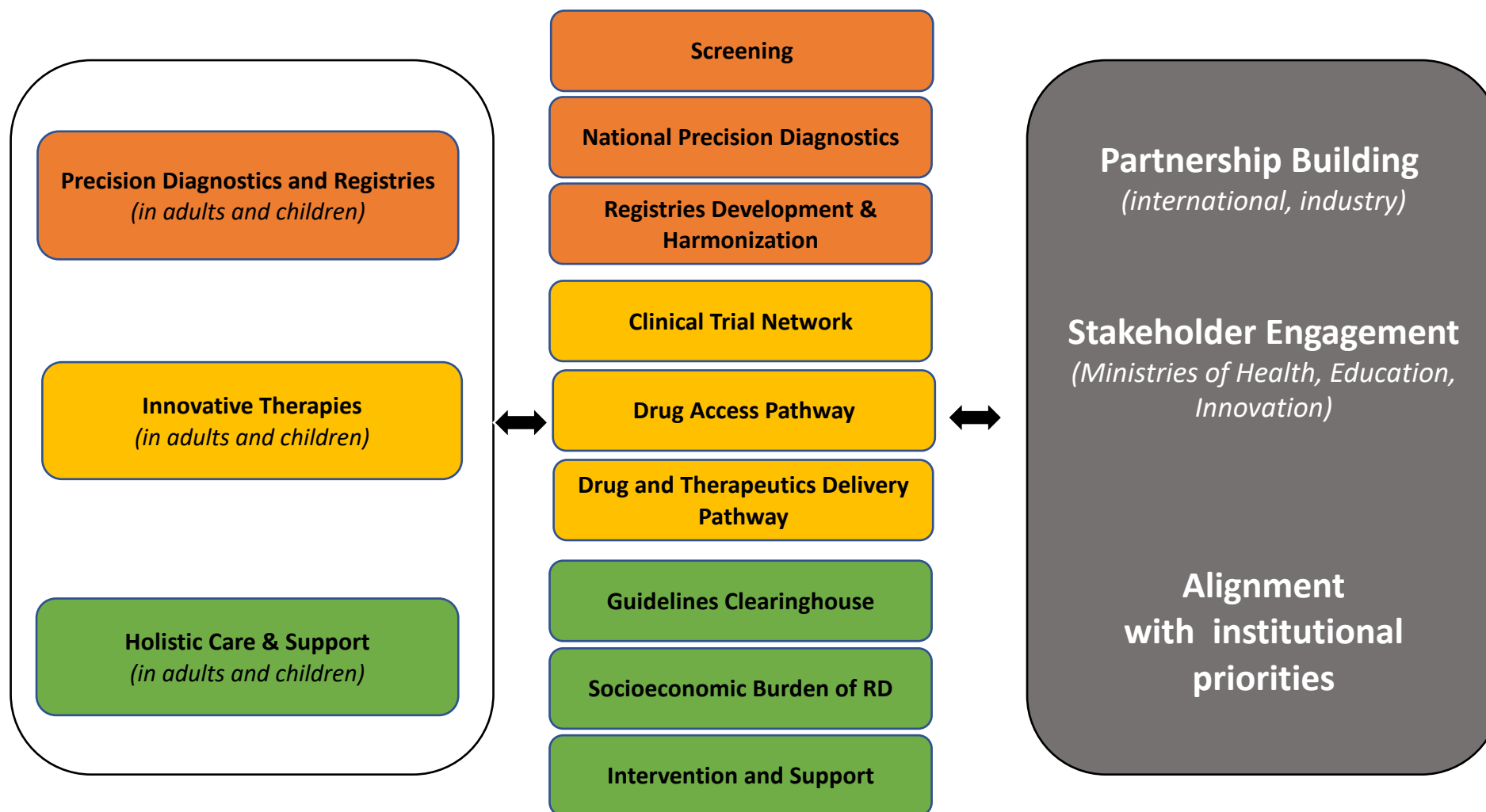
Opportunities for capacity building and professional development, benefitting all members.



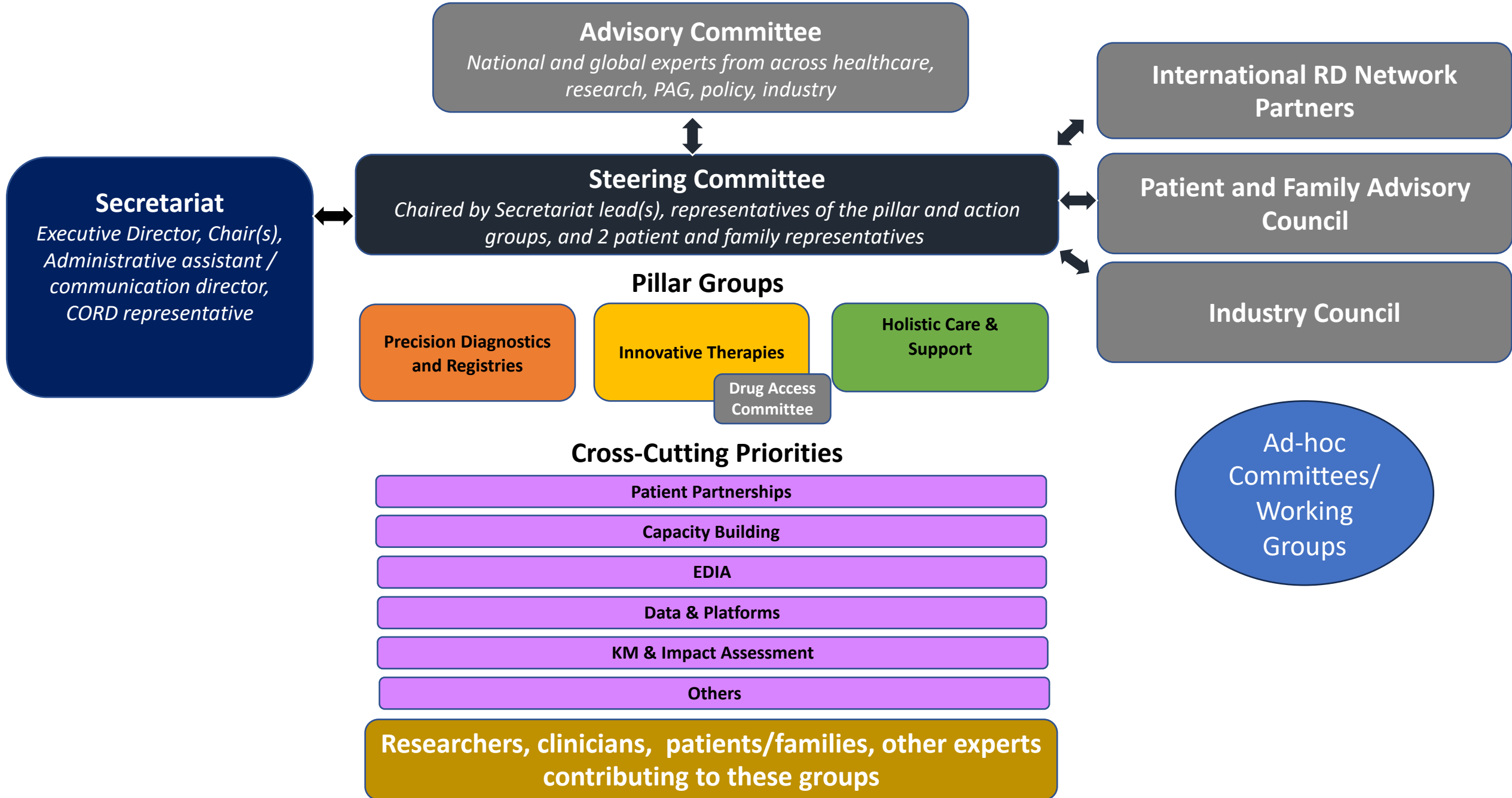
Global Engagement:

Support international engagement and partnerships, fostering collaboration and knowledge-sharing for research, innovation, care, and advocacy.

Pillar Priorities – Short-Term



CRDN - Governance



Steering Committee Members



Francois Bernier, MD
Alberta Children's Hospital
Research Institute
(ACHRI),
University of Calgary



Durhane Wong-Rieger, PhD
Canadian Organization for
Rare Disorders (CORD)



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Génétique simplement,
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Western University



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University of Ottawa



Ian Stedman, PhD
York University



**Thierry Lacaze-
Masmonteil, MD, PhD**
University of Ottawa,
University of Calgary,
MICYRN



Deborah Marshal, PhD
Alberta Children's Hospital
Research Institute (ACHRI),
University of Calgary

Network Membership

Researchers and Healthcare Professionals

- ✓ Get involved in a committee and/or task force, according to expertise.
- ✓ Access to a national network of stakeholders and experts.
- ✓ Chair or present at one of our monthly webinars “Rarely Explored”.
- ✓ Promote your opportunities (research studies, webinars/workshops, funding, events, job postings) to our members.
- ✓ Access to shared resources to advance research and best practices, and information on the State-of-Play in rare disease.

Patients, Families, and Advocacy Groups

- ✓ Get involved in a committee and/or task force, according to expertise.
- ✓ Be involved in influencing research priorities and setting guidelines, recommendations, policies, and CRDN activities.
- ✓ Learn about clinical trials and research studies, and potential opportunities to participate.
- ✓ Access to a support network through patient organizations and advocacy groups, which can provide information, educational resources, and advocacy opportunities.
- ✓ Promote your opportunities (events, advocacy and policy initiatives) to our members.

Industry Representatives

- ✓ Get involved in the Industry Council, according to needs and expertise.
- ✓ Access to a national network of stakeholders and experts active in the field of rare disease.
- ✓ Access to information about pediatric and adult rare disease research initiatives and clinical trials work and sites for therapy development.
- ✓ Opportunity to collaborate and support rare disease research initiatives and clinical trials.

Getting Going

March 1st 2024!

Phase 1

May 2023 to January 2024:
soft launch

- > Stand up governance
- > Engage stakeholders
- > Finalize initial priorities and working groups and initiate partnerships with established networks
- > Establish Secretariat resources
- > Create web presence and communication/engagement strategy

Phase 2

February to April 2024: public
launch

- > Public launch on Rare Disease Day (Mar 1st), including media release and event
- > Consolidate priorities and working groups and continue partnership development
- > Indigenous engagement and impact plans

Phase 3

Beyond year one...

- > Strategic, funding, resource, and evaluation planning
- > Integrating national and international partners
- > Accelerating research, innovation and care

We need your feedback to decide on a logo for the CRDN!



Use QR code:





Value of Genomic Sequencing

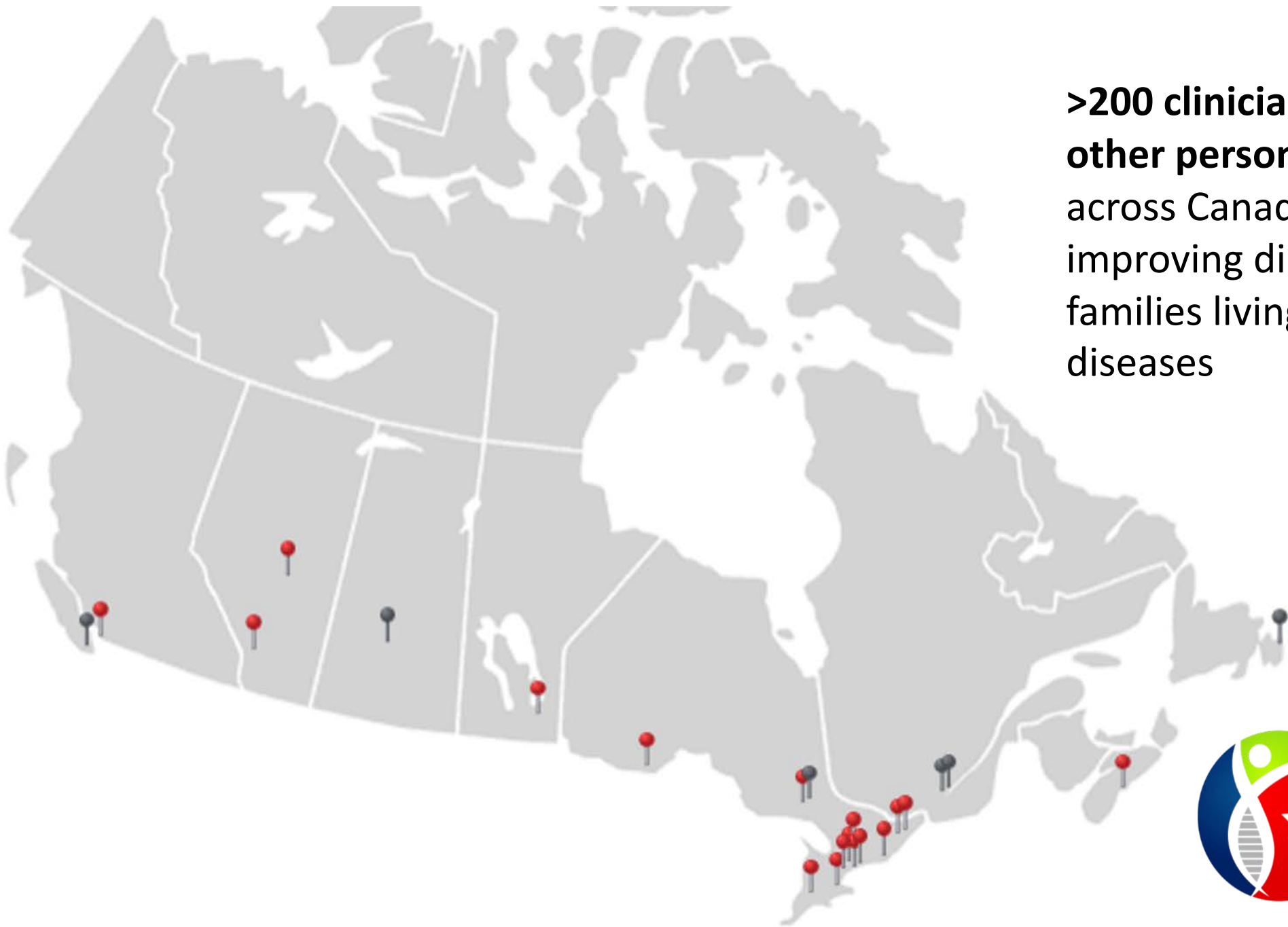
Canadian Organization for Rare Disorders, Fall Conference 2023

Taila Hartley, PhD, MSc, MSc, CCGC

Genetic Counsellor and Operations Director, Care4Rare Canada

CHEO Research Institute

>200 clinicians, scientists and other personnel from 21 sites across Canada devoted to improving diagnostic care for families living with rare genetic diseases



**CARE
forRARE**

What we do



**CARE
for RARE**

Define utility of new genetic technologies

Collect, harmonize, and share clinical and 'omic data for research

genomics4rd

Describe Rare Diseases to improve clinical care for specific diseases

Engage with different players to advance diagnostic care more generally for Rare Diseases

Genomic sequencing is the best diagnostic test we have ever had for rare genetic disease



<https://www.futurelearn.com/info/courses/whole-genome-sequencing/0/steps/16773>


Review

Utility of whole-exome sequencing for those near the end of the diagnostic odyssey: time to address gaps in care

Generate Canadian evidence

>2,000 families living with Rare Diseases and almost 1000 clinical and scientific collaborators

Clinical guidelines

 OPEN ACCESS

POSITION STATEMENT

The clinical application of genome-wide sequencing for monogenic diseases in Canada: Position Statement of the Canadian College of Medical Geneticists

Kym Boycott,¹ Taila Hartley,¹ Shelin Adam,² Francois Bernier,³ Karen Chong,^{4,5} Bridget A Fernandez,⁶ Jan M Friedman,² Michael T Geraghty,¹ Stacey Hume,⁷ Bartha M Knoppers,⁸ Anne-Marie Laberge,⁹ Jacek Majewski,¹⁰ Roberto Mendoza-Londono,⁴ M Stephen Meyn,^{4,11} Jacques L Michaud,⁹ Tanya N Nelson,¹² Julie Richer,¹ Bekim Sadikovic,¹³ David L Skidmore,¹⁴ Tracy Stockley,¹⁵ Sherry Taylor,⁷ Clara van Karnebeek,² Ma'n H Zawati,⁸ Julie Lauzon,³ Christine M Armour,¹ on behalf of the Canadian College of Medical Geneticists

Mobilize evidence to **co-produce Canadian clinical guidance** with professional societies

Ontario



Implement and evaluate with Ministries of Health

What is the value of genomic sequencing?

(preliminary Care4Rare-SOLVE results)



Deborah Marshall
University of
Calgary



Robin Hayeems
University of
Toronto



Francois Bernier
University of
Calgary



Kym Boycott
University of
Ottawa

Prospectively collected data for **718 individuals** who had clinical genomic sequencing in Ontario or Alberta

Pre-Test Form

Demographics

Family tree

Clinical symptoms

Pre-Test form

Eligibility Criteria

Diagnostic odyssey timeline

Diagnostic tests to date

Specialists involved in care

Hypothetical care pathway

Post-Test form

Genomic test details

Genomic test results

Clinician interpretation

Additional tests prompted/avoided

Care activities prompted/avoided

genomics4rd

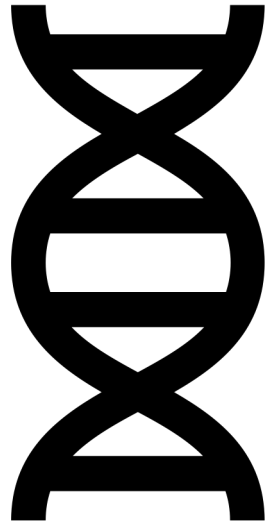
Families with rare diseases experienced long, test intensive, and expensive diagnostic odysseys prior to genomic sequencing

On average, individuals received **24 tests over a 3-year period before genomic sequencing**

The mean total cost of these tests was **\$6,789 per person**



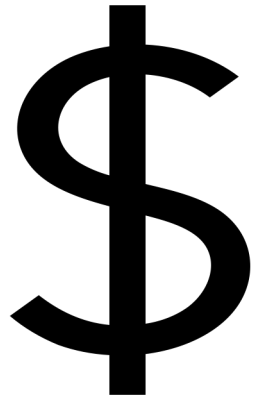
Genomic sequencing had **diagnostic value**; it made diagnoses and impacted clinician thinking



Genomic sequencing identified **diagnoses** in **35% of families**

More than **one third (39%)** of the diagnoses **would be missed** by hypothetical care pathways proposed by ordering clinicians.

Genomic sequencing has **economic value** for healthcare payers



A **Health Technology Assessment** by Ontario Health (2020) recommended publicly-funded genomic sequencing as a second-tier test.

Our preliminary findings suggest genomic sequencing as the first test (instead of the second test) would **decrease cost and time to diagnosis** with minimal change in diagnostic yield



Time to Diagnosis and Cost Effectiveness of Whole Exome Sequencing (WES) Position in the Diagnostic Pathways of Patients with Suspected Rare Genetic Disease

Degeeling K¹, Haveems RZ², Tagimaoruz T³, MacDonald KV³, Seeger TA³, Hartley T⁴, Boycott KM⁴, Bernier FP⁵, Mendoza-Londono R⁶, Marshall DA³

¹ Cancer Health Services Research, Center for Health Policy & Centre for Cancer Research, Faculty of Medicine, Dentistry and Health Sciences, The University of Melbourne, Melbourne, Australia; ² Child Health Evaluation Sciences, The Hospital for Sick Children, Toronto, ON, Canada; ³ University of Calgary, Calgary, AB, Canada; ⁴ Children's Hospital of Eastern Ontario Research Institute, University of Ottawa, Ottawa, ON, Canada; ⁵ Department of Pediatrics, University of Toronto, Toronto, ON, Canada; ⁶ Alberta Children's Hospital, Calgary, AB, Canada; ⁷ Division of Clinical and Metabolic Genetics, The Hospital for Sick Children, Toronto, ON, Canada

Data not yet published, manuscript is in preparation

Genomic sequencing had **clinical value** regardless of whether a diagnosis was made



Medical management was changed (diagnostic test and/or therapeutic changes) for **90% of individuals** (650 of 718)

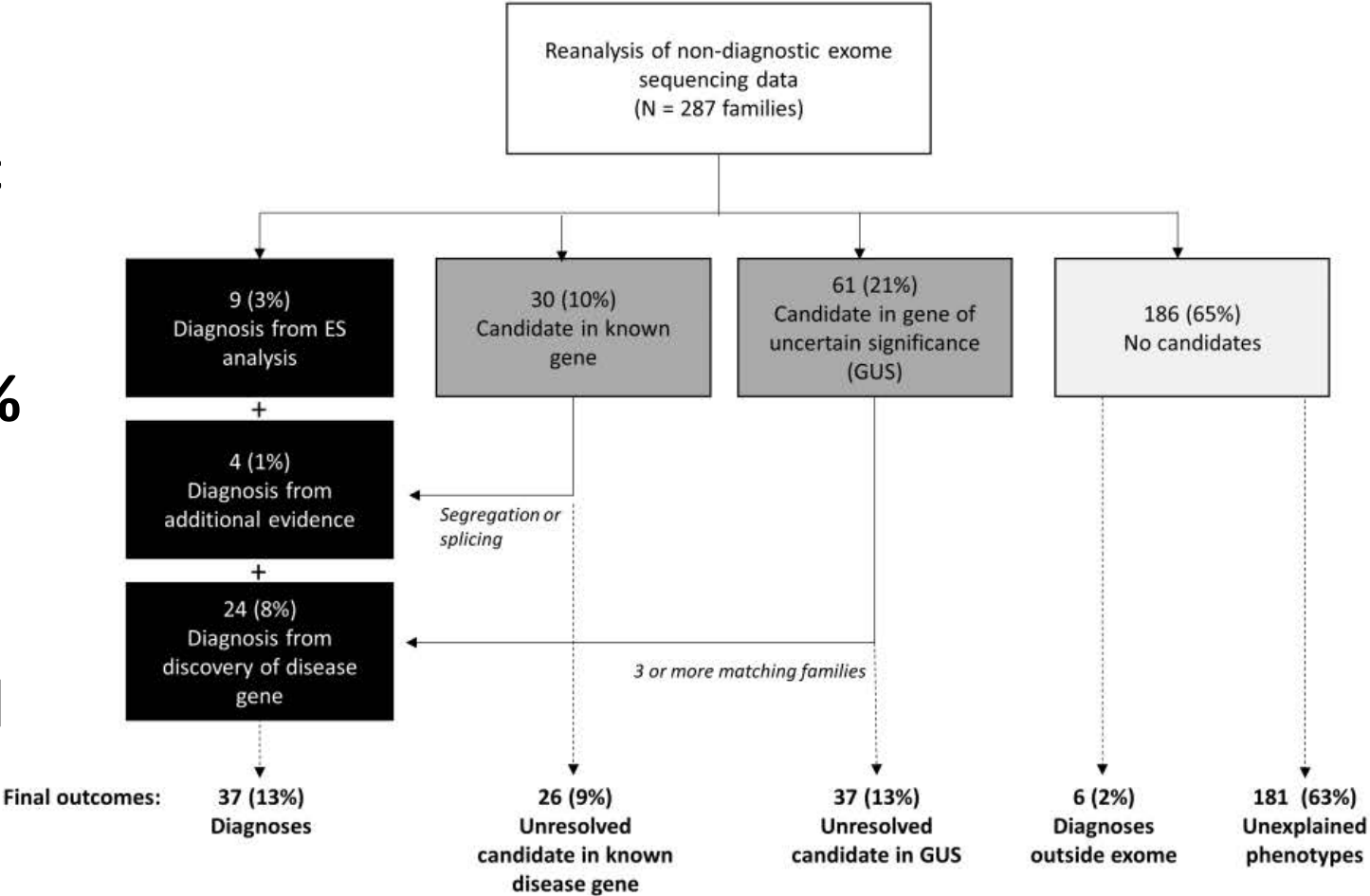
Genomic sequencing results changed management for **family members of 21%** (151 of 718)

Genomic sequencing resulted in **research opportunities for 40% of people** (288 of 718)

Genomics sequencing has **research value**

We reanalyzed the genomic sequencing data from clinical labs with clinicians and found **diagnoses in 13%** in **candidates in 21%**

The majority of diagnoses come from newly described diseases



What is the value of genomic sequencing?

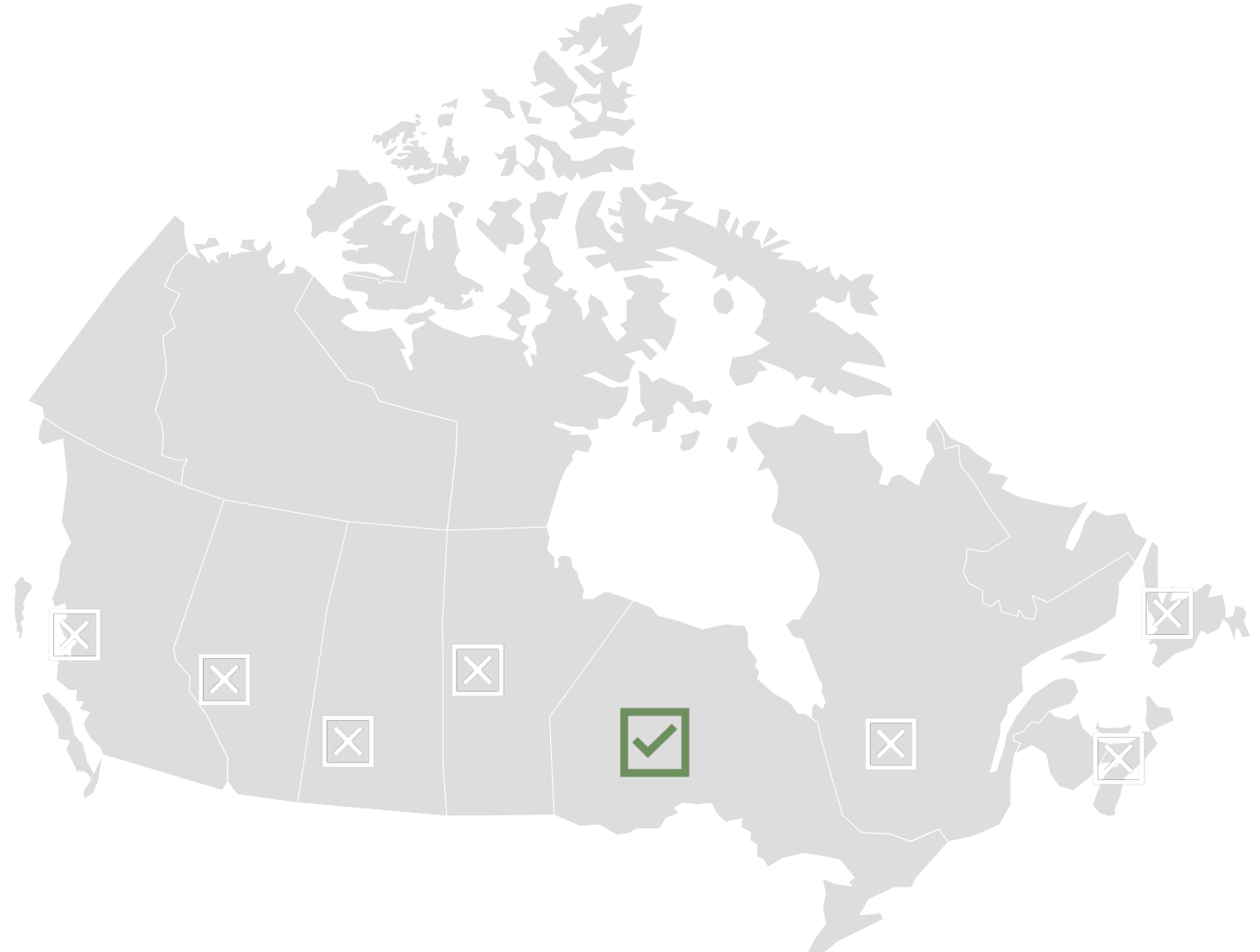
For clinicians: A powerful test that can provide clinically-valid diagnoses, avoiding additional testing, enabling informed management

For payers: Decreased costs compared to current diagnostic pathways

For families with RD: Earlier diagnoses (time, avoiding unnecessary tests, earlier informed management), clinical implications for those that are affected and their family members, access to research opportunities

Despite its value, access to genomic sequencing remains limited

Publicly funded genomic sequencing, performed-in province, for all patients that meet evidence-informed criteria



Horizon scan, October 2023

5,000+ participants **21** sites **200** clinicians
500 collaborators **100** scientists **32** countries



CARE
for RARE



FORGE
CANADA CONSORTIUM



GenomeCanada



CIHR IRSC
Canadian Institutes of Health Research
Instituts de recherche en santé du Canada



Ontario
Research Fund



GenomeQuébec



GenomeBritishColumbia



Ontario Genomics



GenomeAlberta



McLAUGHLIN
CENTRE



RESEARCH INSTITUTE



FOUNDATION
FONDATION



Alberta
Innovates
Health
Solutions



Provincial Health
Services Authority
Province-wide solutions.
Better health.

SickKids®



— RARE DISEASES —
**MODELS and
MECHANISMS**
— NETWORK —

Questions? Comments? Contact me: thartley@cheo.on.ca

Driving toward Consensus on Optimizing Patient Care Pathway

CORD Calgary Conference 2023



Kim L McBride
Department of Medical Genetics, University of Calgary
Section of Medical Genetics, Alberta Children's Hospital

November 29 and 30, 2023

Personal Perspective (And Biases!)

- Previous Chair of American College of Medical Genetics and Genomics Therapeutics Committee
 - Policy, development of evidence-based treatment guidelines
- Former Director NORD Center of Excellence, Nationwide Children's Hospital/Ohio State University, Columbus, Ohio
- Active clinical trial research in rare disorders



**CASE
SOLVED**

...Now what?

Treatment Guidance Uncertainties

- Most rare diseases do not have detailed natural history studies
- Rare disease therapeutics will continue to be challenging
 - Endpoints difficult and not always practice friendly
 - Evidence will likely always be very incomplete
- Systematic evidence-based reviews often not fruitful
 - Frequently not enough evidence for practice guideline
- Reliable source of clinical practice information still needed
- ***Patient and family experiences need to be incorporated***

Delivering Care for Rare Disorders

- Applying clinical recommendations requires organizational structure
- Develop a process to establish a care pathway approach
 - Some disease specific CoE (CF) have good model for CoE structure
 - Many RD are very rare, not enough expert people, lack of good evidence for CoE
- Network of expertise to optimize/distribute and ensure equity of care
 - Not just specialist care - Chronic care, allied health care, etc.
 - Infrastructure – hospitals, institutes
- ***Use patient and family community to guide***

Care Pathway Definition

1. Intervention is a structured multidisciplinary plan of care
2. Intervention is used to translate guidelines or evidence into local structures
3. Intervention details steps in a course of care (i.e., the intervention has timeframes or criteria-based progression)
4. Intervention aims to standardize care for a specific population

“the right person, in the right place, doing the right thing, at the right time, with the right outcome and all with attention to the patient experience.”

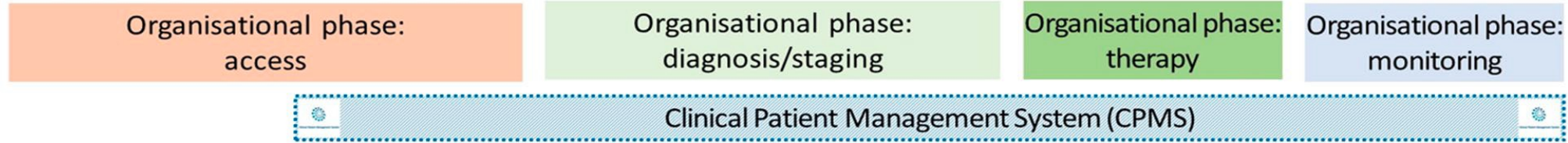
Challenges of RD Care Pathways

- Limited abilities to recognize RD at entry to healthcare
- Lack of care pathway leads to delays (diagnosis, treatment) and inequity and places high burden of care coordination on families
- Large scope and complexity of heterogenous group of RD
- Lack of resources:
 - Financial, psychosocial support, evidence to guide care
- How to benchmark
- Integration into provincial/national systems
- Education and training

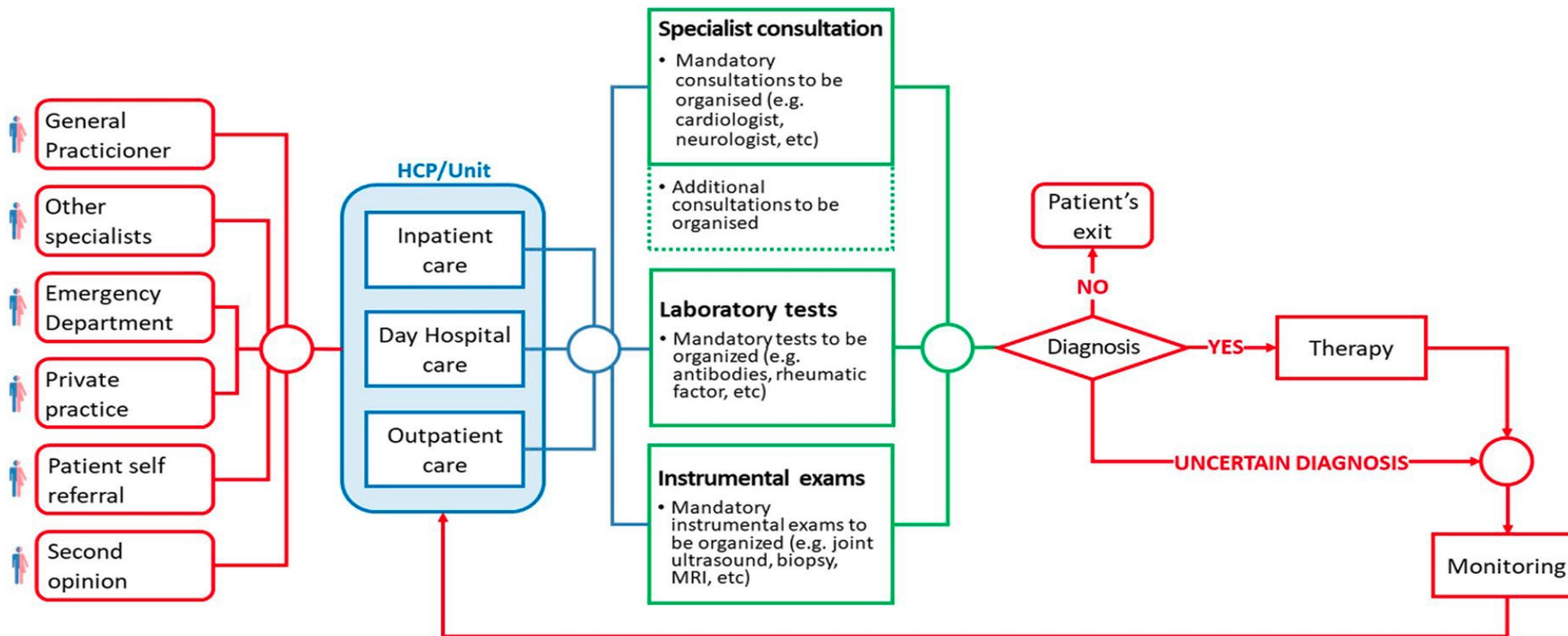
Characteristics of RD Care Pathways

- Large load onto highly specialized services
- Centralization of services
- Balance between specialized expertise, accessibility
- Patients and families empowerment
- Blurring or boundaries between clinical care and research
- Need for complex care:
 - Psychosocial, ancillary services, community care

European Reference Network on Rare and Complex Connective Tissue and Musculoskeletal Diseases



Talarico Orphanet J Rare Dis 2020



RarERNPath



2
Design of an optimised
common patients' care
pathway



1
Mapping of existing
patients' care pathways
and patients' stories



3
Consensus on an
optimised common
patients' care pathway



4
Key Performance
Indicators (KPI) definition



6
Pilot phase
(optional)



5
Refinement

Patient First RD Care Pathway

- European Reference Network created a method to provide care plan organization across the different EU Member States.
- Based on sharing expertise and patient-centred approach: RarERN Path™

Concluding Thoughts on Canadian RD Care Pathway

- Patient/family centered multidisciplinary and chronic care
- Centre of Excellence model not as optimal
 - Creation of network(s) in response to need for equity of care across country and account for provincial/federal framework of health care
- Incorporation of research and education into care pathway
- Enabling access to innovative therapies



Canadian Organization
for Rare Disorders

Amyloidosis
Program of Calgary



Unique Challenges of Diagnosis and Care for Adults with Rare Diseases

Canadian Organization for Rare Diseases Fall Conference

Nowell Fine, MD SM

November 29th 2023

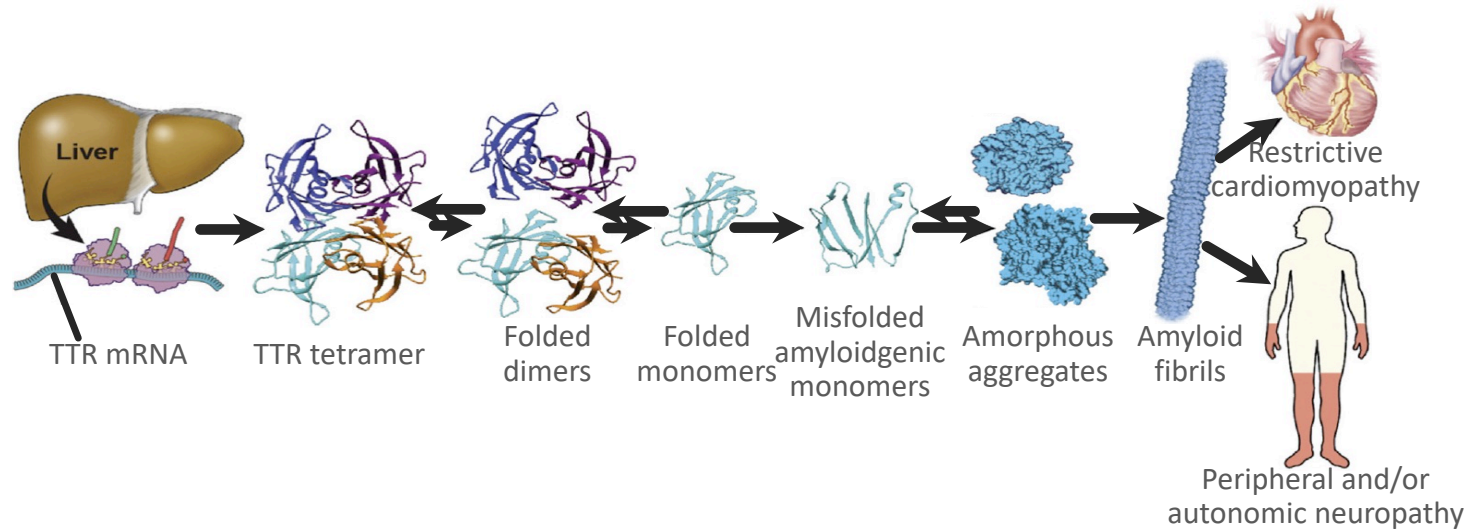


UNIVERSITY OF CALGARY
CUMMING SCHOOL OF MEDICINE

Disclosures

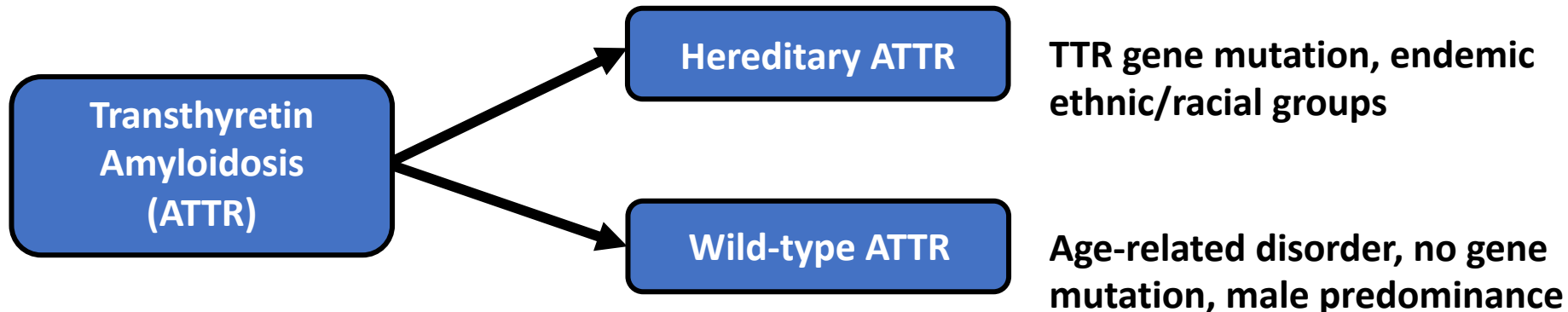
- **Grants/Research Support:** Pfizer, Ionis, Servier, Takeda, Novartis, BridgeBio-Eidos
- **Speaking/Consulting Honoraria:** Pfizer, Ionis, Sobi, Alnylam, Sanofi-Genzyme, Astra-Zeneca, Takeda, NovoNordisk

Transthyretin Amyloidosis (ATTR)



Diagnosed in older adults 70's, 80', 90's!

New (and expensive) therapies!



Diagnosis



Hiding in plain sight!

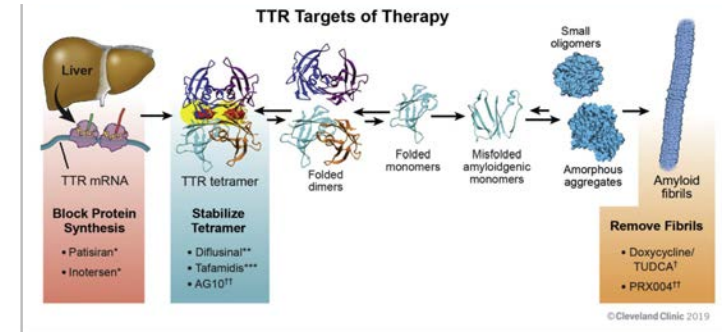
Clinical Care Issues



Comorbidities



Polypharmacy



Disease Modifying Therapy

- Projected benefit and lifespan

GOALS OF CARE DESIGNATIONS		Chest Compressions	Intubation	ICU Admit - Adult	ICU Admit - Pediatric	Surgery	Site Transfer	Symptom Control
R Resuscitative Care	1	✓	✓	✓	✓	✓	✓	✓
	2	X	✓	✓	✓	✓	✓	✓
	3	X	X	✓	✓	✓	✓	✓
M Medical Care	1	X	X	X		✓	✓	✓
	2	X	X	X	Can consider, if required for symptom control	✓	✓	✓
C Comfort Care	1	X	X	X				✓
	2	X	X	X		X	X	✓

Goals of Care

Ageism



Multidisciplinary Care



It takes a village!



Avengers assemble!

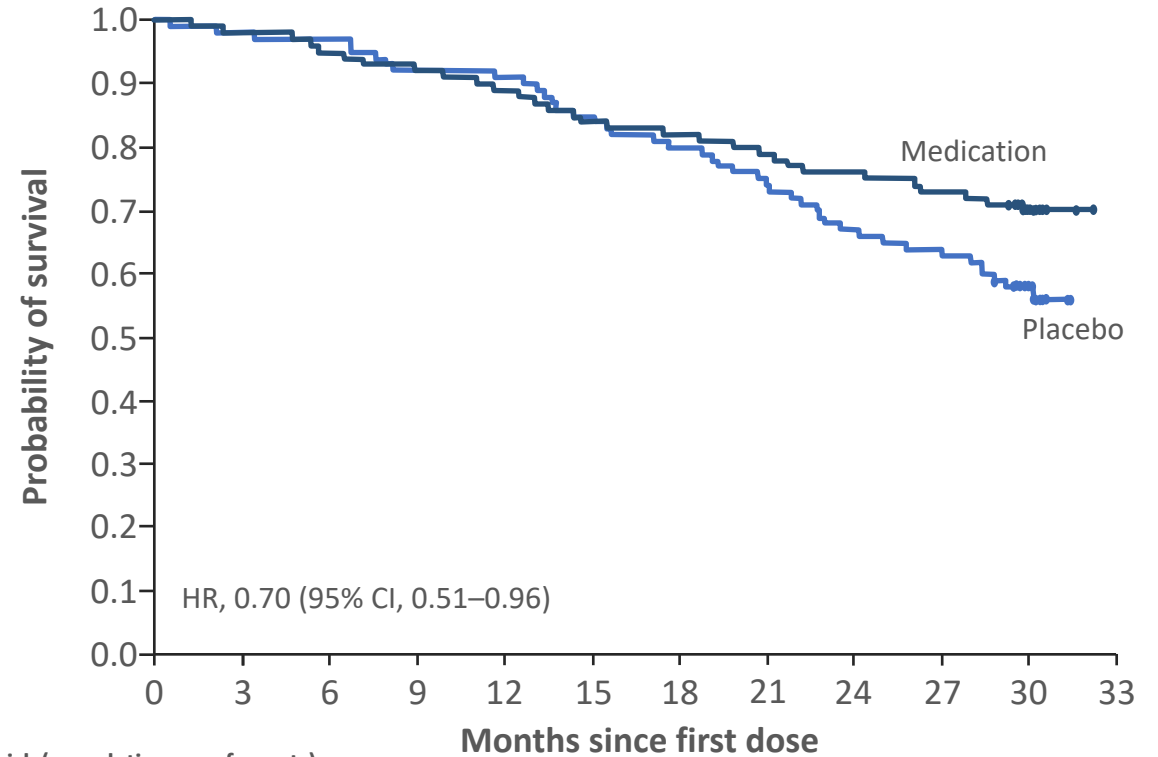
Genetic Testing



Drug Development



Mortality



No. at risk (cumulative no. of events)

Medication	264(0)	259(5)	252(12)	244(20)	235(29)	222(42)	216(48)	209(55)	200(64)	193(71)	99(78)	0(78)
Placebo	177(0)	173(4)	171(6)	163(14)	161(16)	150(27)	141(36)	131(46)	118(59)	113(64)	51(75)	0(76)

Adult Rare Diseases

- Thank you!
- nmfine@ucalgary.ca



Canadian Organization
for Rare Disorders



RQMO

REGROUPEMENT QUÉBÉCOIS
DES MALADIES ORPHELINES



IRARE Centre: Supporting the Whole of the RD Community

Gail Ouellette, Regroupement québécois des maladies orphelines

Quebec Coalition of Orphan Diseases

**CORD meeting, Calgary
November 29-30, 2023**

REGROUPEMENT QUÉBÉCOIS DES MALADIES ORPHELINES / QUEBEC COALITION OF ORPHAN DISEASES



MISSION

Inform & support

Awareness

Disseminate
information

Facilitate research



+ the most orphan:

**PATIENTS
PARENTS
CAREGIVERS**

**WITHOUT
A PATIENT ORGANIZATION**



- **CORAMH** (Corporation de recherche et d'action sur les maladies héréditaires)
- Association **d'acidose lactique** du Saguenay-Lac-Saint-Jean
- Groupe d'aide aux enfants **tyrosinémiques** du Québec
- Association canadienne des **ataxies** familiales - Fondation Claude St-Jean
- Association québécoise des **personnes de petite taille**
- Fondation sur les **leucodystrophies**
- Association canadienne de **Fabry**
- National **Gaucher** Foundation of Canada
- Fondation Jean-Michel Dufour
- Fondation du syndrome de **Loeys-Dietz** du Canada
- **Encéphalite anti-NMDA** Canada
- Fondation **hypertension artérielle pulmonaire** du Québec
- Fondation du syndrome d'**Angelman** du Québec
- PKU Canada (**phénylcétonurie**)
- Eeyou Awaash Foundation (**leucoencéphalopathie et encéphalite des Cris**)
- **Dystrophie musculaire** Canada
- Association de la **neurofibromatose** du Québec
- Soutien **hétérotopie nodulaire périventriculaire**
- **Sclérodémie** Québec
- Association **d'anémie falciforme** du Québec
- Association canadienne de **l'anémie aplasique et la myélodysplasie**
- Association des patients **immunodéficients** du Québec
- Association du syndrome de **Turner** du Québec
- Association québécoise de la **névralgie du trijumeau**
- Vivre avec la **fibrose kystique**
- Association québécoise du syndrome de **Rett**
- Association du **spina bifida et de l'hydrocéphalie** du Québec
- Fondation La Force
- Fondation Simon-le-zèbre
- Communauté **Morquio** du Québec



centre
iRARE

i NFORMATION
R ESSOURCES
A IDE
R ÉFÉRENCES
E DUCATION

Pour toute **maladie rare** et **maladie non diagnostiquée**



- Free
- Bilingual
- Professional



iRARE
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E DUCATION

For any **rare** or **undiagnosed disease**

INFORMATION AND SUPPORT are the keys to a better management of your disease.

INFORMATION



Articles in lay language, practice guidelines



Rare disease experts and specialized clinics



Orphan drugs, on the market or in development



Research projects and clinical trials



Basic genetic counselling



Patient registries and biobanks

SUPPORT



Matching

Matching with individuals/families with the same or similar rare disease



Listening



Referral to

- Patient organizations
- Support groups



Medical, government and community resources





ESTABLISHING AND OPERATING A
CANADIAN NETWORK OF



INFORMATION AND SUPPORT CENTRES
FOR RARE DISEASES



IMPLEMENTATION OF A DIGITAL PLATFORM TO BRING TOGETHER RARE COMMUNITIES



Funded by the
Government of Canada's
Community Services Recovery Fund



**Community Services
Recovery Fund**



iRARE
centre

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For any rare or undiagnosed disease

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